

29. Have you felt pressured to become more intimate than is comfortable in your relationships?

Yes No

30. Fear of contracting a sexually transmitted infection (STI) does not deter me from sexual activity.

False Probably False Probably True True I am not sexually active

31. Fear of pregnancy does not deter me from sexual activity.

False Probably False Probably True True I am not sexually active

32. What are some of the causes of stress in your life, and what do you do to deal with stress in a positive manner? (Please write your response in the space below.):

33. In learning how to make healthy choices in your day-to-day life, would you prefer to get your information through online media or videos, or classroom discussions and lectures? Why? (Please write your response in the space below.):



HEALTH LITERACY  THROUGH TECHNOLOGY
Connect with Kids

**Pre-Program
High School Student Survey**

First initial of mother's first name:

Day of the month you were born:

Teacher's Name:

E or C

This is a pre-program survey regarding your current behaviors and attitudes about health-related topics including: making healthy choices; managing stress; depression and anxiety; use of alcohol, tobacco and other substances; online behavior; dating and relationships; pregnancy and birth; nutrition; and physical fitness. We want to understand how the Health Literacy through Technology program is working, and your answers will help us make improvements.

IMPORTANT:

- Do not write your name on this survey.
- Your answers will be kept private.
- No one at home or at your school will ever see your individual responses.
- Please read each question carefully and complete all the items.
- If you have any questions, ask the person giving the survey.

Please provide the requested data and answer the following questions based upon your experiences.

1. **What is your sex?** Female Male
2. **What grade are you in?**
 9th 10th 11th 12th
3. **How do you describe yourself? (Select the group with which you most identify.)**
 American Indian or Alaska Native Native Hawaiian or Other Pacific Islander
 Asian White
 Black or African American Multi-racial
 Hispanic or Latino Other
4. **It is difficult for me to find ways to have fun that don't involve drugs or alcohol.**
 False Probably False Probably True True I don't know
5. **When I feel stressed or anxious I think that there is something wrong with me.**
 False Probably False Probably True True I don't know
6. **I feel like I have the skills to handle day-to-day stress.**
 False Probably False Probably True True I don't know
7. **How much do your parents and family influence your decisions and choices that affect your health?**
 A lot Some Not much Not at all I don't know
8. **How much do your friends influence your decisions to use tobacco, alcohol or over-the-counter or prescription drugs?**
 A lot Some Not much Not at all I don't know
9. **What or who most influences your choices that affect your health, including food, exercise, and substance use/abuse?**
 Friends Parents/Teachers Media/TV/Internet My feelings
 Other (Explain)
-
10. **When I am angry or stressed I am able to find someone to talk with who can help me deal positively with the stress before I become anxious or depressed.**
 False Probably False Probably True True I don't know
11. **I make healthy choices in my daily life and consider the risks and consequences of my decisions.**
 False Probably False Probably True True I don't know
12. **I make decisions affecting my health based on what all of my friends are doing.**
 False Probably False Probably True True I don't know
13. **I can think of healthy activities in my life to have fun besides drinking, smoking and using other substances.**
 False Probably False Probably True True I don't know
14. **I learn new things best when I can watch videos and practice with my peers rather than through reading or lectures.**
 False Probably False Probably True True I don't know
15. **In the past two months, I have refused to participate in bullying or making fun of someone online (on Facebook, Twitter, YouTube, etc.).**
 False Probably False Probably True True I don't know
16. **In the past two months, I have been bullied or made fun of by others online (on Facebook, Twitter, YouTube, etc.).**
 False Probably False Probably True True I don't know
17. **I understand the importance of maintaining my health.**
 False Probably False Probably True True I don't know
18. **I understand that the choices that I make now and in my teens will have a continued life-long affect on my health.**
 False Probably False Probably True True I don't know
19. **In the past two months, the amount of time that I have spent on social networks (like Facebook, YouTube, text messaging) each day is about:**
 Less than 1 hour 1-2 hours 3-4 hours More than 4 hours
20. **I am comfortable and happy with my physical appearance.**
 False Probably False Probably True True I don't know
21. **I'm aware of how messages in the media and online influence choices that might affect my health.**
 False Probably False Probably True True I don't know
22. **I would be willing to take someone else's prescription medicine if it would help me to do better.**
 False Probably False Probably True True I don't know
23. **How much do your friends influence your decisions of what you do (or don't do) for exercise?**
 A lot Some Not much Not at all I don't know
24. **Some of the images I see online, whether intentional or accidental, can be harmful to my health.**
 Very Some Not much Not at all I don't know
25. **I think that the choices that I make about eating and exercise as a teen impact my health as an adult.**
 False Probably False Probably True True I don't know
26. **Smoking even one cigarette can be harmful to your health and could lead to an addiction to nicotine.**
 Very Some Not much Not at all I don't know
27. **Have you gotten drunk in the past two months?** Yes No
28. **Have you used cigarettes, smokeless tobacco (chewing tobacco, snuff, etc.), cigars or little cigars in the past two months?** Yes No

