

Everybody's **NOT** doing it.

Join the **real** majority.

## Discussion/Self-Reflection Questions

### Vignette Title: A Second Chance

- The teens in the video describe the enormous peer pressure that they experience when it comes to having sex – that it's the thing to do to be cool or to be a "people pleaser." In what ways, not only about sex, do you experience peer pressure? How do you handle that pressure?
- Researchers at the University of California – San Francisco, found that sexually experienced teens were twice as likely to value abstinence as teens who were virgins. Why do you think teens that are sexually experienced value abstinence?
- Some of those who lost their virginity have decided to "return to abstinence." Would you be able to give yourself a second chance and "start all over?" Have there been experiences in your life when you gave yourself a second chance? Explain.
- Trey chose to return to abstinence after long talks with his mom. Who in your life can you talk to about important or uncomfortable issues?
- Teens in the video say that decisions to have sex are "80 percent mental, 20 percent physical," and that it just takes some discipline to decide not to have sex. What are other behaviors during your teen years that are sometimes difficult not to give in to? What keeps you strong when it comes to tough decisions?